

NYU Winthrop Hospital™

Your Health Means Everything.™

What Are You Grateful For?



Heather, Katie and Linda Edwards pictured with their lifesaving CareGivers; Dr. George Gubernikoff, Director of Clinical Cardiac Services (left) and Dr. Kevin Marzo, Chief of Cardiology (right).

2018

This was a summer my family will never forget. My twin daughters, Katie and Linda had the opportunity to meet the team that saved their lives and mine 11 years ago.

I can remember that fateful day like it was yesterday. I was pregnant with my girls – 26 weeks to be exact. It was a Tuesday morning and I had arrived early at work, hoping to get a jumpstart on my busy day. While sitting at my desk, I suddenly felt a tingling sensation racing up both of my arms. I stepped away from my office to gather myself, and I ended up collapsing in the hallway, unconscious and alone. ***When I came to, I knew something was wrong and immediately found someone to call an ambulance that rushed me to NYU Winthrop Hospital.***

Swarmed by a team of highly trained doctors and nurses, they worked quickly, yet carefully, to assess my condition and concluded that I had suffered an extremely rare condition called Spontaneous Coronary Dissection. In other words, I had had a heart attack and required emergency surgery.

I tried to remain calm and told myself I was in the best possible hands – and it turned out I was. Between the readiness of the Emergency Department, the detailed and attentive care in the Cath Lab, the responsiveness of the Labor & Delivery area and the undivided attention in the Cardiac Care Unit, my mind was put at ease.

Now with a grateful heart, I am able to formally thank my CareGivers through NYU Winthrop's Grateful Patients & Families Program. They not only saved my life, but Katie and Linda's lives as well. They were born almost two months later, both happy and healthy.

Expressing my heartfelt gratitude was important to me so I decided to make a gift to the Hospital to show my appreciation. I wanted to recognize my CareGivers for putting me on the path to restored health, and help the Hospital to provide the same outstanding level of care to others.

Every hospital visit has a story; mine certainly did and I'm sure yours does too. So, whether it was a nurse, therapist, technician, volunteer or any other staff member who shaped your patient experience, NYU Winthrop's Grateful Patients & Families Program can provide an opportunity for you to pay tribute to the CareGivers who made a difference in your care.

I hope you'll join me in showing special appreciation to those who deserve it. Your gift will honor your CareGiver while making a tangible, meaningful impact on NYU Winthrop's ability to care for their patients – today, tomorrow and in the future.

Sincerely,

Heather Edwards, A Grateful Patient